

Sample Programmes at Woodlands Adventure

Residential and Camping Visits

Over Night

Day 1	Arrive 09.00	09.30 – 12.00 Activity 1 Activity 2	13.00 – 15.30 Activity 3 Activity 4
Day 2	Residential: Clear dorms by 09.30 Clear main building for 10.00 Cleaners arrive 09.30 09.30 to 10.30 Circus Skills/Frisbee golf Souvenir shop Departure from site 11.00	Camping: 09.30 to 10.30 Circus Skills/Frisbee golf Souvenir shop Departure by 12.00	

Half weeks (2 nights) & Weekend Visits

Day 1	Arrive 13.00	09.30 – 12.00	13.00 – 15.30 Activity 1 Activity 2
Day 2		Activity 3 Activity 4	Activity 5 Activity 6
Day 3	Residential: Clear dorms by 09.30 Clear main building for 10.00 Cleaners arrive 09.30 09.30 to 10.30 Circus Skills/Frisbee golf Souvenir shop Departure from site 11.00	Camping: 09.30 to 10.30 Circus Skills/Frisbee golf Souvenir shop Departure by 12.00 <ul style="list-style-type: none"> • Weekend visits, departure by 16.00 at the latest. 	

Full week (4 nights)

Day 1	Arrive 13.00	09.30 – 12.00	13.00 – 15.30 14.00 Welcome Talk * ½ hr approx. time Walk & Tour * 1 hr approx. time Time to settle in ready for activities tomorrow.
Day 2		Activity 1 Activity 2	Activity 3 Activity 4
Day 3		Activity 5	Activity 7

		Activity 6	Activity 8
Day 4		Activity 9 Activity 10	Activity 11 Activity 12
Day 5	Residential: Clear dorms by 09.30 Clear main building for 10.00 Cleaners arrive 09.30 09.30 to 10.30 Circus Skills/Frisbee golf Souvenir shop Departure from site 11.00	Camping: 09.30 to 10.30 Circus Skills/Frisbee golf Souvenir shop Departure by 12.00	

** Evenings – We have a self-led night walk and a mushroom trail which you are very welcome to use. The Saintbury building is also equipped with, indoor games, a projector, Wi-Fi and a portable music player which you are free to use. (£10 returnable deposit is required for the games). Enjoy a camp fire under the stars, on a night of your choice or take advantage of our self-led woodlands walk. Don't forget to bring a torch!

Day Visits

Day Visits	Arrive 09.30	10.00 – 12.30 Activity 1 Activity 2	13.30 – 16.00 Activity 3 Activity 4
<ul style="list-style-type: none"> Groups needing to depart by 15.30 have the option of a 30 minute lunch. 			

Half Day Visits	Choose either a morning or afternoon session	10.00 – 12.30 Activity 1 Activity 2	13.30 – 16.00 Activity 1 Activity 2
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Evening Visits	Arrive 17.30	18.00 – 20.00 Activity 1 Activity 2	
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*Showers are available free of charge, please note towels and toiletries are not provided.