

Useful Contacts

Manor Hospital

Moat Road

Walsall

WS2 9PS

01922 72117

Good Hope Hospital

Rectory Road

Sutton Coldfield

B75 7RR

0121 424 2000

Erdington Health & Wellbeing Walk in Centre

196 High Street,

1st Floor,

Erdington,

Birmingham,

B23 6SJ

0121 686 8010

Non-emergency medical advice: 111

The White House Fish and chip shop

Bosty Lane

Aldridge

Walsall

WS9 0QE

01922 457460

Blackwood Fish Bar

85 Blackwood Road

Sutton Coldfield

Birmingham

B74 3PW

0121 352 0055

Domino's Pizza

Anchor Parade

Aldridge

Walsall

WS9 8QP

01922 745845

Non-emergency police: 111

Sample Programmes

Full Week

Arrival day	Session 1 2 ½ Hours (Day 2 AM)		Session 2 2 ½ Hours (Day 2 PM)		Session 3 2 ½ Hours (Day 3 AM)		Session 4 2 ½ Hours (Day 3 PM)		Session 5 2 ½ Hours (Day 4 AM)		Session 6 2 ½ Hours (Day 5 PM)		Leaving day (small 1 Hour session)
Walk and Tour of site	Assault course	Zip Wire	Archery	Canoe	Climbing	Abseiling	High ropes	High ropes	Bush craft	Circus skills	Raft Building	Planks and Vines	Frisbee Golf and Shop

Day Visit

Am 2 ½ hours		Pm 2 ½ hours	
Assault course	Zip Wire	Archery	Canoe

Half day visit

2 ½ Hour session	
Assault course	Zip Wire

Half week

Session 1 2 ½ Hours		Session 2 2 ½ Hours		Session 3 2 ½ Hours		Leaving day (small 1 Hour session)
Assault course	Zip Wire	Archery	Canoe	Climbing	Abseiling	Frisbee golf + Souvenir shop

Kit List

Residential Visits

- **T Towels, food & First Aid Kit. (Leader's).**
- Towels.
- Sleeping Bag.
- Pillow.
- Toiletries & any prescribed medication. ie: asthma inhalers etc
- Trainers, outdoor shoes, such as boots or wellingtons & indoor shoes for the use in the buildings.
- Warm Clothes, T shirts and loose fitting trousers, ie: jogging bottoms as jeans are not recommended when doing the activities.
- Nightwear, underwear & socks.
- Waterproof Jacket.
- Please note that we provide a sheet for the bunk beds, however towels, tea towels, pillows, duvets, sleeping bags etc. are not provided.

Day Visits

- Towel & toiletries and any prescribed medication ie: asthma inhalers etc.
- Soft drinks & packed lunch.
- Waterproof jacket and a hoodie or fleece.
- Please wear loose fitting trousers, jeans are not recommended.
- Old trainers or wellingtons.
- Spare set of clothing, including socks, underwear and shoes.

Birthday Parties

- Towel & toiletries and any prescribed medication ie: asthma inhalers etc
- Waterproof jacket and a hoodie or fleece.
- Please wear loose fitting trousers, jeans are not recommended.
- Old trainers or wellingtons.
- Spare set of clothing, including socks, underwear and shoes.

***Please do not bring mobile telephones, jewellery or valuables.**

Our Rules

These rules are made to permit the maximum amount of enjoyment for the greatest number of visitors - for the benefit of your fellow visitors as well as yourself.

- Visitors are expected to behave in a reasonable manner. In surrounding lanes and countryside, regular pathways should be used. Boundaries must be observed. Where the privacy of neighbours is violated, the right is reserved by the Centre Manager to ask the offending visitors to leave.
- The use of any of the Centre's equipment and the handling of animals is totally prohibited unless a member of Staff from Woodlands Adventure is present.
- At least one member of visiting staff must accompany each group on activities.
- The Centre Manager/Duty Instructor will report misbehaviour to the leader in charge, who must be present on-site at all times. However, the right is reserved by him to correct visitors and, if necessary to require the leader to remove the offending visitor(s) from the Centre. All damages must be paid for.
- Fires may only be lit in areas specified by the Duty Manager/Duty Instructor.
- The disfigurement of trees and shrubs will not be tolerated.
- Breakages or damage to Woodlands Adventure property must be notified to the Centre Manager/Duty Instructor immediately, who will arrange for the leader to be charged.
- All accidents and incidents, no matter how trivial MUST be reported to the Centre Manager/Duty Instructor IMMEDIATELY. Except for its own negligence, BBGU will not be responsible for any personal injuries suffered by visitors or damage to health or damage/loss to their property or goods, however arising.
- All Vehicles and belongings are left at your own risk.
- Smoking and the consumption of alcohol are not permitted on site, anyone found using illegal substances will be reported to the relevant authorities
- Residential and canvas groups are asked to respect quiet on site from 11pm through to 7.30am
- All outside vendors, caterers, bouncy castles, Dj's etc, will be required to send a copy of all relevant licenses, proof of public liability insurance and food hygiene certificates to the centre at the time of booking. You will also require a separate public liability policy for any activities not instructed by BBGU staff.
- For the protection of livestock on adjacent farmland and the health and safety of other guests, no pets, animals and in particular, dogs (except guide dogs - but please advise the management) are allowed on site.
- **Groups who arrive before 1 p.m. may not be allowed into the building before that time. Departing groups on a Wednesday and Friday must be clear of the Dormitories by 9 am, Main building by 10 am and site by 11 am. This is to allow for cleaning and floors to dry as specified by our Insurers with regard to Health and Safety (residential groups only). You must depart from Woodlands by 11 am, in order for the next group to check in and arrive.**

Whilst the BBGU make every effort to maintain the highest level of safety on all the centres activities participant must recognise that due to the nature of adventurous activities, the risk of injury cannot be completely ruled out.